



Kitchen Deep Cleaning Checklist



INTERIOR

Frig & Freezer

- Remove food
- Clean shelves
- Organize
- Restock

Food Pantry

- Remove food
- Donate extra
- Clean Shelves
- Organize
- Restock

Cupboards/ Cabinets

- Remove food
- Declutter & donate
- Wash shelves
- Organize
- Restock

EXTERIOR

Ceiling & Lights

- Dust ceiling
- Clean fixtures
- Replace bulbs

Appliances

- Oven
- Stovetop
- Microwave
- Frig & freezer
- Dishwasher
- Small appliances

Windows

- Clean treatments
- Dust frames
- Clean glass

Garbage & Recycling Bins

- Empty
- Wash
- Reline

Cabinets

- Clean cabinet tops
- Wipe cabinets
- Clean knobs & pulls

Sink & Countertops

- Scrub sink
- Deodorize garbage disposal
- Declutter & clear
- Wipe countertops

Walls & Doors

- Wipe walls, trim, doors, switches, baseboard
- Touch up paint

Floors

- Rugs
- Vacuum
- Mop



EVERYDAY OLD HOUSE